

Post-test: Patient Transferring Challenges

Complimentary Continuing Education Course

Participant Information Form

Name:	Degree (RN, LPN, etc):	Date:
License # or SS#:	Name of Facility:	
Address:		
City:	State:	Zip:
Phone:	Fax:	E-mail:

Course Information

Course Overview:

This educational program is designed to teach, through independent study, multidisciplinary clinicians about caregiver injury and patient safety in the treatment of obese patients.

Course Objectives:

Upon completion of this program, the participant should be able to:

1. Name two occupational hazards commonly found in a WLS unit
2. Identify three options for patient transfer activities in the acute care setting
3. Describe the role of the physical therapist as an important resource in SPH
4. Identify the VISN 8 Bariatric Toolkit as a decision-making framework

Completion Time:

This educational program is accredited for a total of 2 contact hours.

Target Audience:

This accredited program is intended for nurses who treat obese patients.

Provider:

This educational program is provided by Matrix Medical Communications. Provider approved by the California Board of Registered Nursing, Provider Number 14887, for 2 contact hours.

Method of Participation:

Participants must read the designated article and take, submit, and pass the post-test by August 1, 2010. Participants must fill out the Participant Information Form, Answer Form, and Evaluation Form, answer at least 70 percent of the questions correctly, and mail the participant information/answer/evaluation forms to Matrix Medical Communications, Department of Continuing Education, 1595 Paoli Pike, Suite 103, West Chester, PA 19380. Participants also may fax the forms; Fax 484-266-0726. This is complimentary. Upon successful completion, a certificate of completion will be mailed to the participant.

About the Instructor:

Dr. Susan Gallagher Camden is an international lecturer, has had over 75 articles published in peer-reviewed journals, and is the author of several published book chapters.

Provider Contact Information

To submit posttests or for questions, please contact: Angela Hayes, Department of Continuing Education Matrix Medical Communications, 1595 Paoli Pike, Suite 103 West Chester, PA 19380, toll free: 866-325-9907; fax: 484-266-0726; E-mail: ahayes@matrixmedcom.com

Evaluation Form

1. Did the program meet the stated objectives? yes no
2. Was there any evidence of commercial bias? yes no
3. I have studied the article.
This nursing activity was:
 Extremely useful Somewhat useful Minimally useful
4. The overall quality of this activity was: Excellent Good Fair
5. I feel this activity could be improved by:

6. Suggestions for future educational activities/overall comments:

7. I would recommend this nursing activity to my colleagues for study: yes no
8. How long did it take you to read the entire module and complete the posttest and evaluation form? _____
9. Do you anticipate making any changes to your patient-care practice as a result of this activity? yes no
10. Which educational formats do you prefer? Rank order of preference with 1 being the most preferred and 6 being the least preferred:

___ Audio conference	___ Multimedia (online/CD-ROM)	___ Video Conference
___ Symposia	___ Printed enduring materials	___ Other: _____
11. Please indicate your willingness to participate in a follow-up survey to evaluate the impact of this nursing activity:
 yes, I will participate no, I will not participate.

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Instructions: To obtain contact hours, complete the Participant Information Form (at left), record the best answer to each post-test question on the Answer Sheet (below), complete the evaluation form (at left), and mail or fax to: Matrix Medical Communications, Department of Continuing Education, 1595 Paoli Pike, Suite 103, West Chester, PA 19380 or fax 484-266-0726

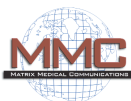
Name: _____

Answer Sheet—Completely fill in each circle for that answer.

- | | |
|--|---|
| 1. <input type="radio"/> A <input type="radio"/> B <input type="radio"/> C <input type="radio"/> D | 6. <input type="radio"/> A <input type="radio"/> B <input type="radio"/> C <input type="radio"/> D |
| 2. <input type="radio"/> A <input type="radio"/> B <input type="radio"/> C <input type="radio"/> D | 7. <input type="radio"/> A <input type="radio"/> B <input type="radio"/> C <input type="radio"/> D |
| 3. <input type="radio"/> A <input type="radio"/> B <input type="radio"/> C <input type="radio"/> D | 8. <input type="radio"/> A <input type="radio"/> B <input type="radio"/> C <input type="radio"/> D |
| 4. <input type="radio"/> A <input type="radio"/> B <input type="radio"/> C <input type="radio"/> D | 9. <input type="radio"/> A <input type="radio"/> B <input type="radio"/> C <input type="radio"/> D |
| 5. <input type="radio"/> A <input type="radio"/> B <input type="radio"/> C <input type="radio"/> D | 10. <input type="radio"/> A <input type="radio"/> B <input type="radio"/> C <input type="radio"/> D |

Questions

- | | |
|---|--|
| 1. The ANA launched the Handle With Care® campaign in 2003 to:
A. Recognize organized labor efforts
B. Prevent back and MSD injuries among health care workers
C. Promote quality, safety and transparency
D. Encourage BSN to MSN education | 6. Recent research suggests excess weight and weight maldistribution impact:
A. Intestinal concerns
B. Postural hypotension
C. Balance and postural sway
D. None of the above |
| 2. 2) What is the current age, in years, of the average nurse today?:
A. 35
B. 61
C. 47
D. Not a known fact | 7. Vertical transfers are best described as transfers in which the patient:
A. Starts and ends in a seated position
B. Transfers from bed to chair
C. Transfers from chair to toilet or wheelchair
D. All of the above |
| 3. According to the revised NIOSH Lifting Equation, the maximum weight that should be lifted manually by a healthcare worker under ideal conditions is:
A. 22 pounds
B. No limits as long as good body mechanics are in play
C. 35 pounds
D. A and B | 8. According to the article, technology available to assist with the vertical transfer might be use of the:
A. Ceiling lift
B. Bedside commode
C. Full body lateral rotation
D. Walking sling |
| 4. Which of the following statements is not correct?:
A. Health care workers must use good body mechanics for lifting, moving or repositioning patients
B. Training is best accomplished by an ergonomist, therapist (OT/PT), or on-unit safety mentor
C. Training should include use of equipment and use of such must be integrated into policies and procedures
D. Caregivers can be instrumental in communicating their realistic needs for practical resources as well as those of their colleagues and patients | 9. Research suggests obese patients breathe better in what position?:
A. High-Fowler's
B. Semi-Fowler's
C. Supine
D. Trendelenberg |
| 5. Factors which must be obtained before any transfer include understanding the patient's:
A. Ability to follow instructions
B. Physical ability to assist
C. Willingness to cooperate
D. All of the above | 10. Larger heavier patients may pose safe handling risks for which of the following reasons:
A. Weight
B. Weight maldistribution
C. Instability
D. All of the above |



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